

25th
October

Living with dementia in Portobello
-let's talk about it



Saturday 25 October 2014, 2.00 – 5.00
Community Centre, Adelphi Grove, Portobello

All welcome

Please join us to start the conversation over tea and cakes, about how we can work together to improve understanding, reduce stigma and explore what Portobello can do to help people with dementia live well in the community. Opened by Cllr. Maureen Child, the afternoon includes:

- Quiz: myths and facts about dementia.
- Talks by James McKillop and Agnes Houston, international speakers with dementia.
- Local carer's experience.
- Launch: 'How you can help' leaflet.
- Having your say— exploring ideas for action.
- Art exhibition.
- Information.

No tickets needed. Organised by the Dementia Friendly Portobello Steering Group. Contact: Teresa Straczynski, Dementia Adviser, Alzheimer Scotland at 0131 662 1204 or tstraczynski@alzscot.org