

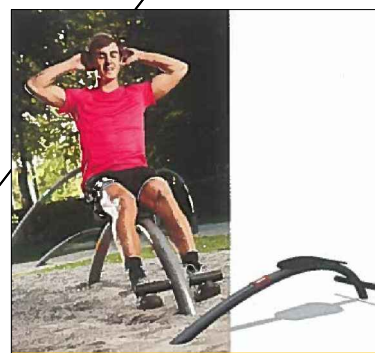
Proposed Outdoor Gym



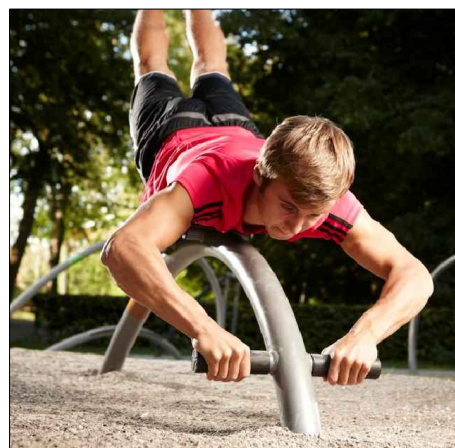
Back, lift your own body weight



CHEST, seated press, uses the user's own body weight as resistance



Sit Up strengthens the abdomen thighs and hips



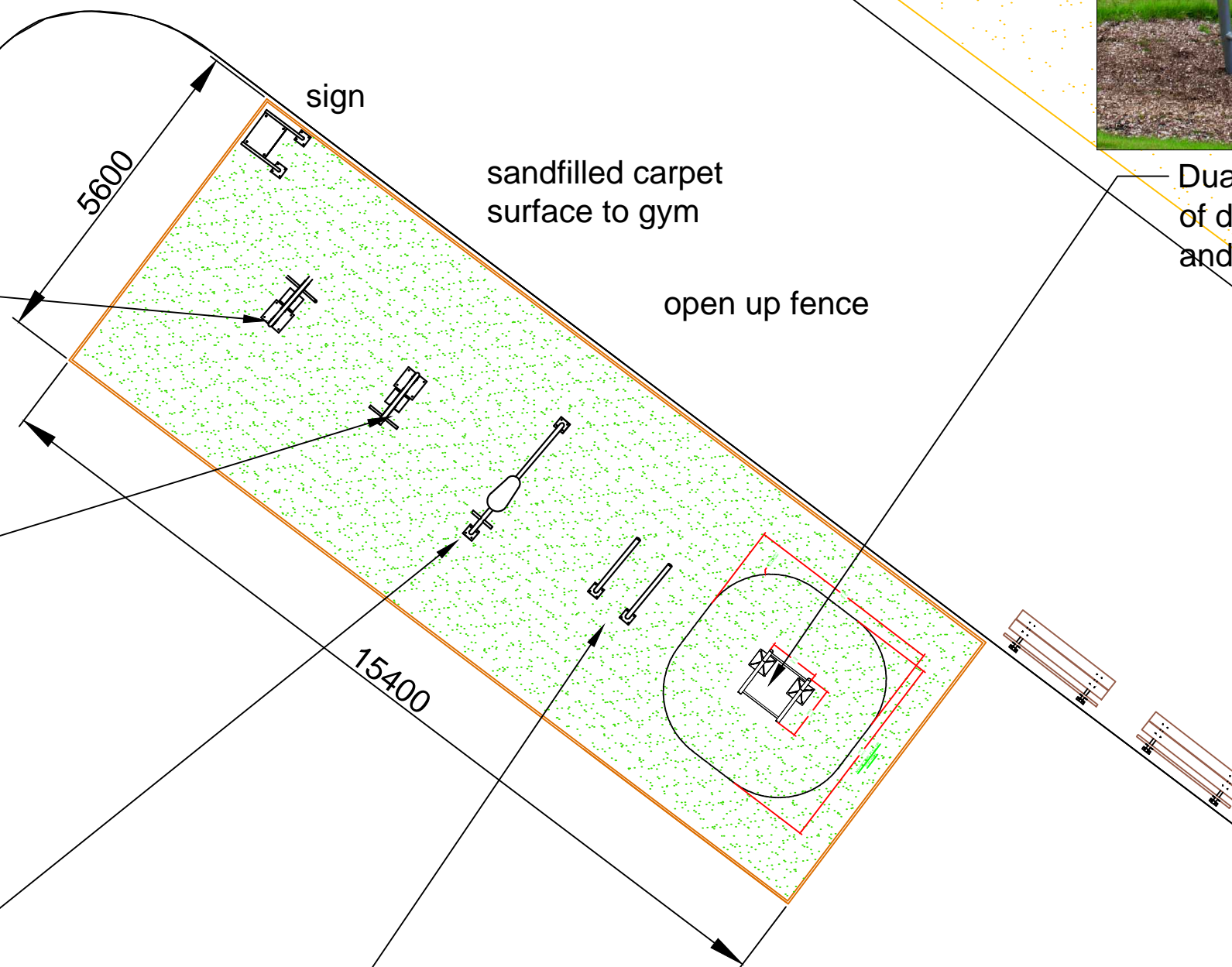
Bar strengthens the chest, triceps,



Dual Pull Up Two bars of different height 205cm and 232cm



Location Plan



64

existing grass

El Sub
Sta

•EDINBURGH•
THE CITY OF EDINBURGH COUNCIL
SERVICES FOR COMMUNITIES
PARKS and GREENSPACE
Waverley Court
4 East Market Street
Edinburgh
EH8 8BG

Title
Straiton Place
outdoor gym

Not: Grid Ref:	Scale 1:100
Date 31/10/2016	Drawn by J Galloway
District East	Plan No: SP 1/0210